## Adult to Elderhood Family Specialist



Are your worried about what happens to your loved one with a disability as they age?



Do you take time to think about how your own needs will change as you age?

Over the last 40 years the life expectancy for people with disabilities has increased by 4.7 years for men and 3.9 years for women; and it is projected to continue to climb over the next decade. One in 10 American children was living in a household with at least one grand- parent in 2010. These dynamics are creating new challenges for older family members and caregivers.

The Center for Family Involvement is evolving with the changes in our society; collaborating with education, health and human service agencies in Virginia to further specialize our outreach to aging people with intellectual and developmental disabilities and their families.

The CFI Elderhood Family Specialist can connect you to helpful resources that provide support throughout the aging experience.

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The CFI provides informational and emotional supports for adults with disabilities and their older adult caregivers. While the CFI does not offer legal or medical advice, we can connect people with resources and help them find professional services. Issues unique to aging families:

- One on One Supports Aging in Place
- SSDI / SSI
- Medicaid
- Medicare
- Housing
- Waivers
- Microboards (formalized "circle of support")
- Guardianship and Supported Decision Making Alternatives
- Trusts
- Wills
- Abuse and Fraud
- End of Life/Hospice
- Understanding Grieving Process of People with Disabilities

To connect with our Elderhood Family Specialist, email ndraper@vcu.edu or call 877-567-1122

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